

## **Community Health Development Field worker Healthy Hearts**

### **Greater Manchester System Transformation Fund (STF)**

<b>Job Title</b>	Community Health Development Fieldworker – Healthy Hearts, based in Harpurhey, Higher Blackley and Charlestown.
<b>Duration</b>	24 months.
<b>Salary</b>	£12,574.00 per annum to be worked 18.75 hours per week. Working hours to be agreed on appointment.
<b>Manager</b>	Jumoke (Jay) Quadri, Chief Officer, Nurturing Foundations
<b>Direct Reports</b>	None
<b>Base</b>	Harpurhey Neighbourhood Project.
	Clean driving licence or ability to travel.

#### Background

Greater Manchester has high rates of cardiovascular disease and poorer health outcomes compared to the rest of England. North Manchester residents face some of the poorest health outcomes in Greater Manchester.

Inequalities in health outcomes disproportionately affect particular communities, and during the COVID-19 pandemic, this disproportionate effect was especially highlighted for Black African and Caribbean communities in Harpurhey, Higher Blackley and Charlestown.

The overall aim of the Healthy Hearts Project is to improve awareness and uptake of treatments for cardiovascular disease, particular high cholesterol and high blood pressure for the Black African and Caribbean community in Harpurhey, Higher Blackley and Charlestown.

#### Who we are looking for

Addressing healthcare inequalities requires a deeper understanding of our targeted communities. Recruiting a Community Health Development Fieldworker from the Black African and Caribbean community will provide this expertise, and build on existing relationships, to enable communities to

develop health services and resources which remove barriers, increase trust, and improve health outcomes.

### About the role

Based with Nurturing Foundations, this role requires taking a community development approach to understanding the health needs of Black African and Caribbean communities in Harpurhey, Higher Blackley and Charlestown and how they can be best supported to manage their heart health. It involves working with the VCSE sector and local organisations, especially primary care, to identify people from the Black African and Caribbean community in Harpurhey, Higher Blackley and Charlestown who have high blood pressure and high cholesterol, or who have been diagnosed with hypertension (high blood pressure) and are not managing this condition well, and work with people to improve heart health outcomes.

The aim is to:

- Promote heart health with identified communities in target areas in a culturally sensitive way.
- Increase case finding of residents with high blood pressure and high cholesterol in target areas.
- Improve management of existing heart conditions, including adherence to treatment.

This role is funded through STF (System Transformation Funding) for a period of 24 months (from the start date of the post holder), with a working pattern of 18.75 hours per week. The working pattern for these hours is to be agreed on appointment.

### JOB DESCRIPTION

#### **Main Purpose of Post**

This role plays an important part in the implementation and ongoing delivery of the community led initiatives workstream within the wider System Transformation Fund project.

The focus of this role is strong community engagement to improve heart health of Manchester's Black African and Caribbean communities in the Harpurhey, Higher Blackley and Charlestown neighbourhood, using a community development approach.

Community development brings people together. It enables people to work collectively to deliver positive social change and is a long-term process, starting with people's own experiences. The System Transformation Funded Community Health Development Fieldworker must be willing and able to take strengths based, person and community centred approaches to enable communities to work together to improve the quality of their own lives, the communities in which they live and societies of which they are a part.

Based at Nurturing Foundations, and supported by other neighbourhood-based agencies, the post holder will need to fully embed themselves within the Black African and Caribbean communities of Harpurhey, Higher Blackley and Charlestown, developing a strong relationship network across residents, statutory partners, the VCSE sector and other stakeholders.

Through information gained from these relationships, the post holder will support co-design and delivery of grass-root community led initiatives, with the medium and long-term aims of improving health and wellbeing outcomes in that area. This will have a specific focus on cardiovascular disease, including raising awareness of the health risks associated with high cholesterol and high blood pressure and promoting community members to take positive action in managing their heart health.

## **Main Duties and Responsibilities**

Establish effective working relationships with Black African and Caribbean communities and other key partners and stakeholders within Harpurhey, Higher Blackley and Charlestown.

Coordinate engagement with Black African and Caribbean communities in Harpurhey, Higher Blackley and Charlestown with the support of other neighbourhood-based agencies and the Strategic Programme Lead, Programme Support Officer and the STF Programme's Operations Group.

Engage with Black African and Caribbean communities in Harpurhey, Higher Blackley and Charlestown to understand the condition of local community life, current thinking and behaviour around heart health and access to support to positively manage heart health.

Using intelligence gathered through engagement, help to co-design effective culturally appropriate and trusted engagement materials to promote heart health, as well as processes and referral pathways into and through primary care.

Using intelligence gathered through engagement, help to co-design and deliver community, grass roots interventions for improving heart health, including case finding relating to high blood pressure and high cholesterol.

Work with Black African and Caribbean residents and other key partners and stakeholders within Harpurhey, Higher Blackley and Charlestown to apply varied and creative methods to strengthen community groups, increase people's participation in local activity and increase the influence of local people on public services.

Ensure that the Healthy Hearts Project understands the needs of Black African and Caribbean communities, and that residents have their say in what is important to their health and wellbeing.

Support the production of reports on work carried out, results achieved, and lessons learned.

Liaise with and support evaluation partners for the System Transformation Fund project, undertaking self-reflection to assimilate feedback and evaluate own performance.

The logo for 'NURTURING FOUNDATIONS' features the word 'NURTURING' in a light green, sans-serif font above the word 'FOUNDATIONS' in a larger, bold, white, sans-serif font. The text is set against a grey rectangular background with rounded corners. A stylized green plant with several leaves is positioned behind the text, with its base at the bottom center and its top reaching towards the middle of the word 'FOUNDATIONS'.

**FOUNDATIONS**

## **PERSON SPECIFICATION**

### **Essential:**

1. Excellent knowledge through lived experience of social and cultural issues and challenges that Black African and Caribbean communities face and how these can impact on health and wellbeing.
2. Demonstrated ability to build relationships and identify community skills, assets, issues and needs across Black African and Caribbean communities.
3. Experience of working with voluntary and community groups.
4. A strong passion for making a difference to the lives of local residents and a commitment to work for a more just and equal society.
5. A commitment to working in a way that supports communities to drive and lead improvements themselves in order for change to have lasting success.
6. Strong ability to communicate with the community and other relevant partners and stakeholders, adapting language and style to relevant audiences. Understand the information requirements of a wide range of communities and make all information accessible.

7. The ability to manage conflicting demands and prioritise tasks and workload.
8. The ability to accept and understand instructions, both verbally and written.
9. Ability to work on own initiative, responding to needs as they arise.
10. Excellent time management skills.
11. Flexibility to adapt to changing workload demands and hours where possible, depending on requirements of the project.
12. Willingness to undergo training provided to further develop community development skills and other skills to ensure effectiveness in this role.
13. Personal commitment to continuous self-development.
14. If required, a willingness to consent to and apply for an enhanced disclosure check.

**Desirable:**

15. Experience of living or working in Harpurhey, Higher Blackley or Charlestown areas of Manchester.
16. Experience of co-design and co-production with local communities.

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Through personal example, the post holder should show an open commitment to ensure diversity is valued, resulting in equal access and treatment for all in employment, service delivery and communications.

Where the post holder is disabled, every effort will be made to supply all necessary aids, adaptations or equipment, to allow them to carry out all the duties of the job. If, however, a certain task proves to be unachievable, job redesign will be given full consideration.

**How To Apply**

If you are interested, kindly email:

[info@nurturingfoundations.org.uk](mailto:info@nurturingfoundations.org.uk)

You should include:

- a copy of your CV
- a cover letter demonstrating how you meet the person specification (no more than 2 sides of A4)
- let us know in the covering letter if you will struggle to make the interview date given
- the names and contact details of two referees (one of whom should be your most recent employer)

For an informal discussion about the role, please contact Jay: 07903 072956 or Michelle: 07970093820

**Closing date: Monday 27<sup>th</sup> November 2023**

**Interview Date: Tuesday 5<sup>th</sup> December 2023**

**Start Date: 2<sup>nd</sup> January 2024**



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